

The background of the top two-thirds of the page is a dense, blue-tinted image of numerous 100-dollar bills falling from the top, creating a sense of motion and abundance. The bills are scattered across the frame, with some appearing more clearly than others.

Money & You

THE WEALTH ADJUSTMENT

PLAYBOOK

Quest Coaches

MEET THE TEAM



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The information contained on the Money Makes The World Go Round / Team Humanity presentation and the resources available for download through this is not intended as, and shall not be understood or construed as, financial advice.

Neither Quest Chiropractic Coaching, or its presenters are attorneys, accountants or financial advisors, nor do we pretend to be, and the information contained on this presentation is not a substitute for financial advice from a professional who is aware of the facts and circumstances of your individual situation. We have done our best to ensure that the information provided on this presentation and the resources available for download are accurate and provide valuable information.

Regardless of anything to the contrary, nothing available on or through this presentation or website should be understood as a recommendation that you should not consult with a financial professional to address your particular information.

We expressly recommend that you seek advice from a professional.

A man in a dark suit and red tie stands on a rock, looking up at a sky filled with falling money. The background is a blue sky with white clouds, and numerous US dollar bills are falling from the top of the frame. The text 'You & Money' is overlaid in the center in a large, white, sans-serif font.

You & Money

Reinvent - Values Shift

Values - Money
Values - Finances
Values - Wealth
Values - Debt



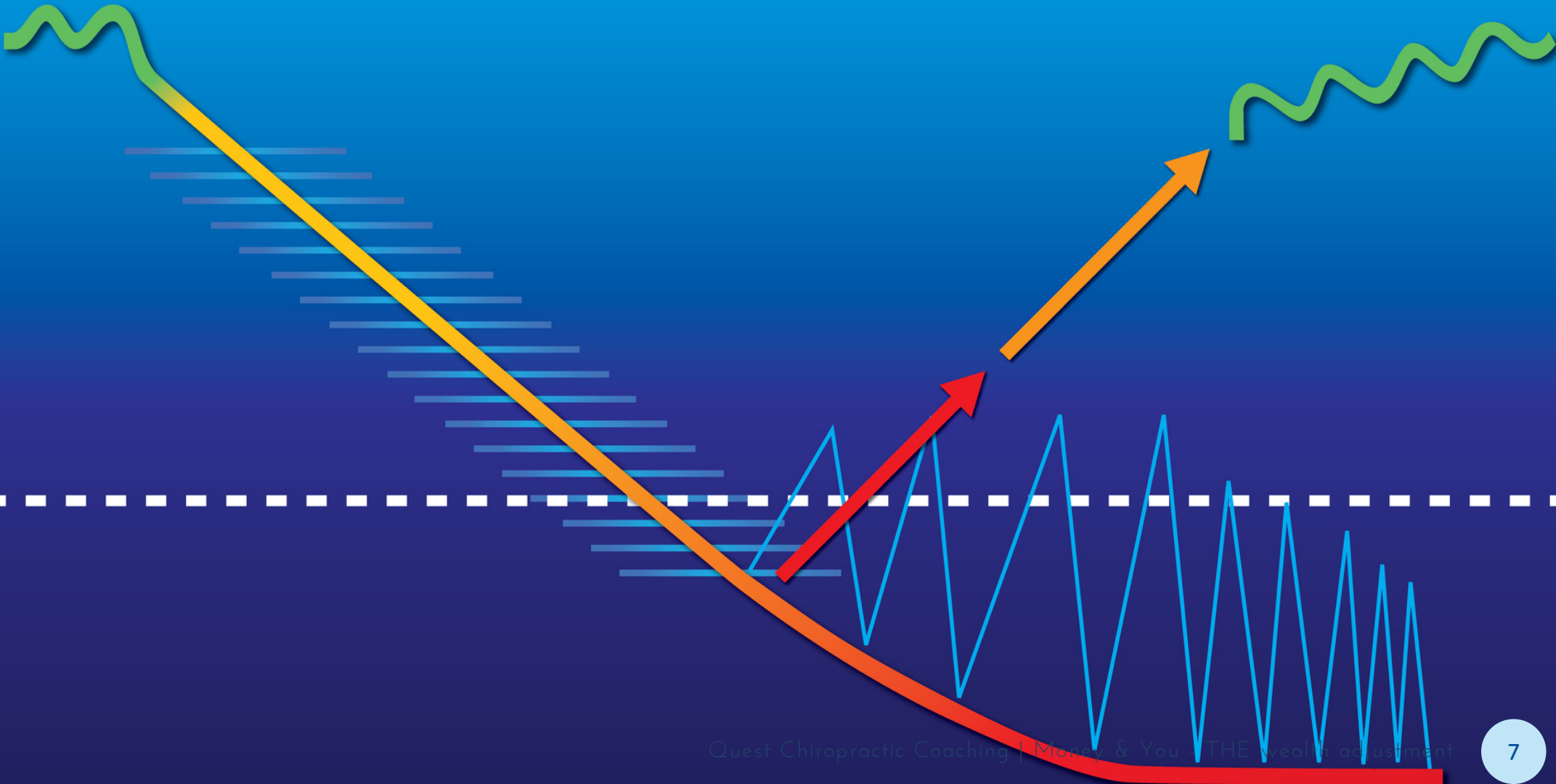
Beliefs - Receiving
Beliefs - Having
Beliefs - Paying
Beliefs - Saving
Beliefs - Investing

Discipline - Journey
Delayed Gratification

SESSION 1: YOU & MONEY

				WEALTH ACCELERATION CHECKLIST			
	Y	N	N/A	NOTES	ACTION STEPS	REMINDERS	
Values - Money							
Values - Finances							
Values - Wealth							
Values - Debt							
Beliefs - Receiving							
Beliefs - Having							
Beliefs - Paying							
Beliefs - Saving							
Beliefs - Investing							
Discipline - Journey							
Delayed Gratification							
Reinvent - Values Shift							

SESSION 1: BEHAVIOUR



SESSION 1: CHECKLIST FOR LINKS TO THE OCEAN CONTENT

- Values
 - <https://www.questercenter.com/theocean/attract/beliefs/values-helping-and-harming>
- Core Values
 - <https://www.questercenter.com/theocean/attract/purpose/the-core-values>
- Your Value Proposition
 - <https://www.questercenter.com/theocean/expand/governance/1-year-objectives>
- Beliefs
 - <https://www.questercenter.com/the-bay-program/tack-1-beliefs-you-tell-yourself>
- State Control
 - <https://www.questercenter.com/theocean/deliver/excellence/state-control-internal-dialogue>
- Thoughts
 - <https://www.questercenter.com/theocean/nurture/control/the-3-ts-thoughts>
- Profit First
 - <https://www.questercenter.com/theocean/expand/governance/profit-first>
- The Science of Getting Rich
 - <https://www.questercenter.com/theocean/expand/governance/the-science-of-getting-rich>
- The 8 Week Leg
 - <https://www.questercenter.com/theocean/intensives/2023-march-intensive-fully-booked-making-a-difference>



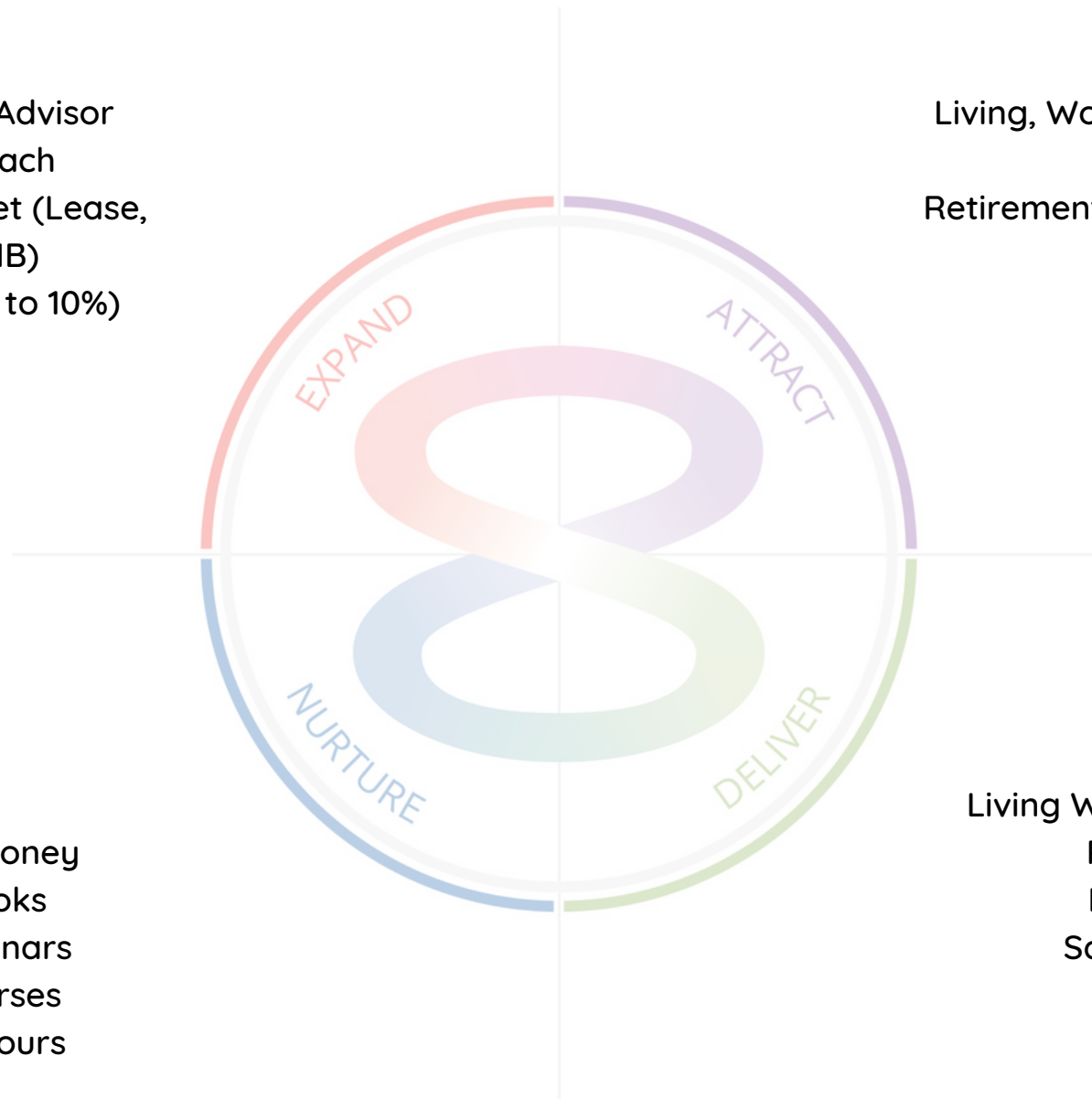
Break

The background features a light blue gradient with several US dollar bills floating in the air, appearing to be in motion. The bills are slightly blurred, giving a sense of depth. At the bottom of the image, the collar of a white dress shirt is visible, suggesting a professional or business context.

Money & You

Proactive Financial Advisor
Professional Coach
Your home as an asset (Lease,
Holiday, Air BNB)
Tithing Account (up to 10%)

Living, Working & Playing in Sync
Bucket List
Retirement Account (Super/SMSF)



Understanding Money
Education - Books
Education - Seminars
Education - Courses
Focused Work hours

Living Within Means - Budget
Play not Work
Pay with Cash
Savings Plan 10%
Tax Account
Family Home

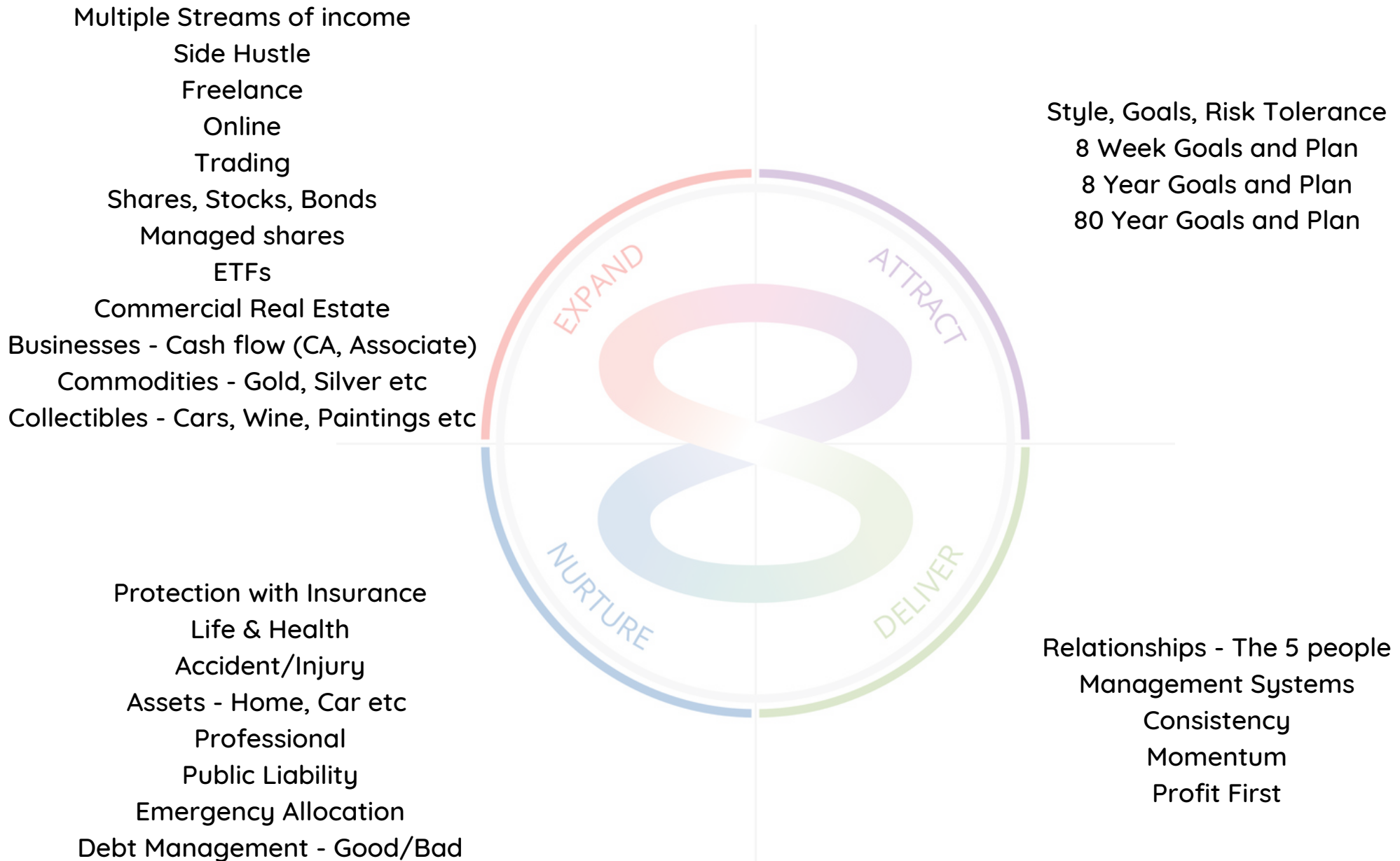
WEALTH ACCELERATION CHECKLIST

	Y	N	N/A	NOTES	ACTION STEPS	REMINDERS
Living, Working & Playing in Sync						
Bucket List						
Retirement Account (Super/SMSF)						
Understanding Money						
Education - Books						
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Education - Courses						
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Living Within Means - Budget						
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Family Home						
Proactive Financial Advisor						
Professional Coach						
Your home as an asset (Lease, Holiday, Air BNB)						
Tithing Account (up to 10%)						



Creating Wealth

SESSION 3: CREATING WEALTH



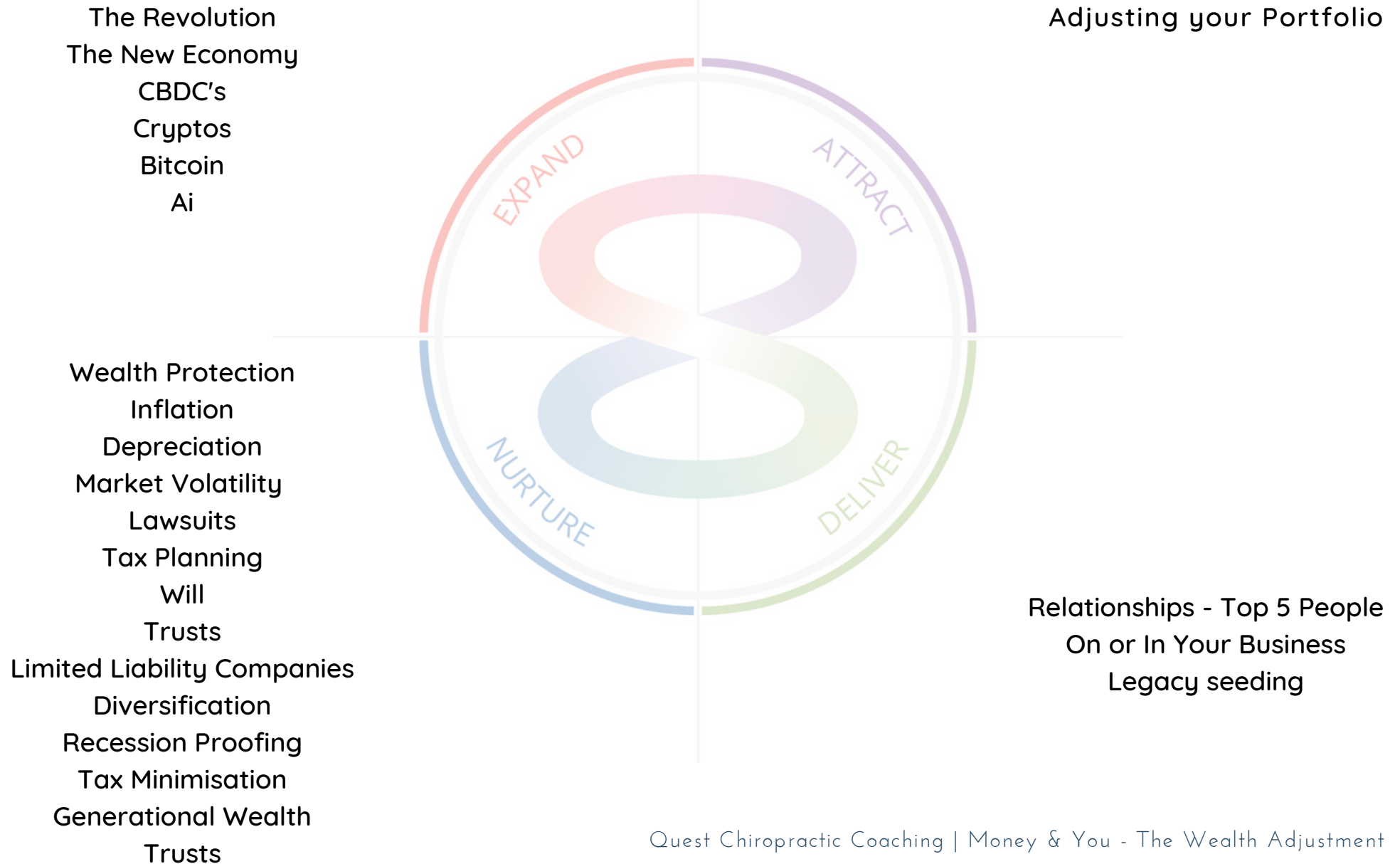
SESSION 3: CREATING WEALTH

WEALTH ACCELERATION CHECKLIST

	Y	N	N/A	NOTES	ACTION STEPS	REMINDERS
Style, Goals, Risk Tolerance						
8 Week Goals and Plan						
8 Year Goals and Plan						
80 Year Goals and Plan						
Protection with Insurance						
Life & Health						
Accident/Injury						
Assets - Home, Car etc						
Professional						
Pubic Liability						
Emergency Allocation						
Debt Management - Good/Bad						
Relationships - The 5 people						
Management Systems						
Consistency						
Momentum						
Profit First						
Multiple Streams of income						
Side Hustle						
Freelance						
Online						
Trading						
Shares, Stocks, Bonds						
Managed shares						
ETFs						
Commercial Real Estate						
Businesses - Cash flow (CA, Associate)						
Commodities - Gold, Silver etc						
Collectibles - Cars, Wine, Paintings etc						



Mastering Wealth



SESSION 4: MASTERING WEALTH

WEALTH ACCELERATION CHECKLIST

	Y	N	N/A	NOTES	ACTION STEPS	REMINDERS
Adjusting your Portfolio						
Wealth Protection						
Inflation						
Depreciation						
Market Volatility						
Lawsuits						
Tax Planning						
Will						
Trusts						
Limited Liability Companies						
Diversification						
Recession Proofing						
Tax Mimimisation						
Generational Wealth						
Trusts						
Relationships - Top 5 People						
On or In Your Business						
Legacy seeding						
The Revolution						
The New Economy						
CBDC's						
Cryptos						
Bitcoin						
Ai						



8 Week Navigation

Statistics



Clients: Submit your monthly stats here:
www.questercenter.com/theocean/resources

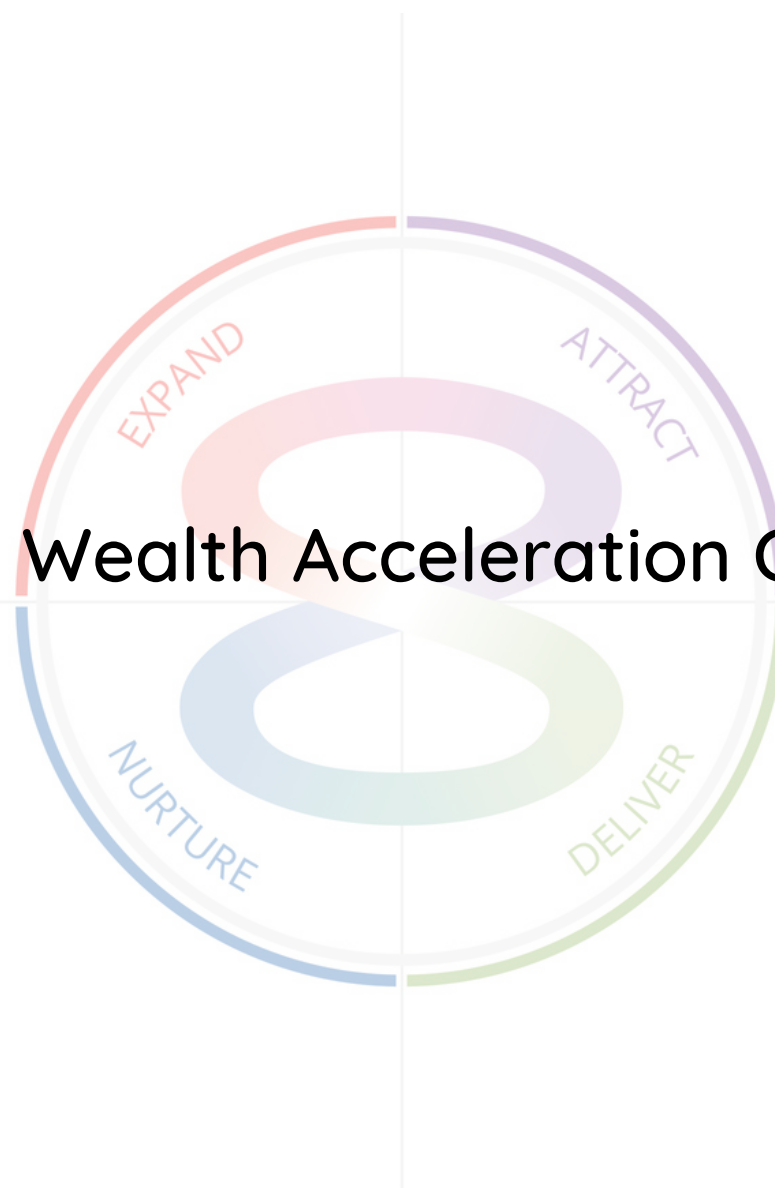
1. Reflections on Your Wealth So Far

The Ocean

Past	Present	Future
<p>What are you most proud of?</p> <p>Wins Why</p>	<p>What are you most confident about?</p> <ul style="list-style-type: none">•••	<p>What are you most excited about?</p> <ul style="list-style-type: none">•••
<p>What's worked and hasn't worked?</p>	<p>3 Wins</p>	<p>3 Lessons</p>

2. Wealth Accelerator

Tally up your Wealth Acceleration Checklist totals



The Ocean

3. Compass:

Leg: Begins: Ends:

Vision • What are my targets for the year ahead?

Focus • What's my focus for this 8 Week Leg?

8 Week Target

From

To

From

To

From

To

From

To

From

To

Impact & Effect • Why is what I do so important? What effect does it have on people?

Behaviour • How will I show up?

Consequences • What will I do to make good?

Reward • What will I give ourselves to celebrate?

4. The Voyage

THE VOYAGE CHART

PV /Month	Income /Month	Income /Year	ATTRACT	NURTURE	DELIVER	EXPAND
1500	87,000	\$1 mil+	<ul style="list-style-type: none"> Curiosity The Next Iteration Collaborative Partnerships 	<ul style="list-style-type: none"> Operations Manager Publish Scientific Contribution 	<ul style="list-style-type: none"> Optimisation of Resources Clinical Contribution to Profession Wayshower Governance 	<ul style="list-style-type: none"> Political Influence Growing Legacy Equity Sell-Offs
1300	75,400	\$900k	<ul style="list-style-type: none"> Completion Generative Sessions Patterns 	<ul style="list-style-type: none"> Impact on Profession Playing the Long Game Board of Directors 	<ul style="list-style-type: none"> Branded by Technique Chiropractic Finishing School Internal Mentoring 	<ul style="list-style-type: none"> Multiple Income Streams Compensation Business Model 301
1100	63,800	\$760k	<ul style="list-style-type: none"> Community Congruence Events Driven Practice 	<ul style="list-style-type: none"> Profitability Team Empowerment in8model - Associates 	<ul style="list-style-type: none"> Team Ascension Executive Assistant Personal Care - 301 	<ul style="list-style-type: none"> Communication - 301 Financial Contribution Recurring Income
900	52,200	\$625k	<ul style="list-style-type: none"> Redesign PM Ascension Attracting Associates 	<ul style="list-style-type: none"> Practice Layout Associate Driven Practice OPM - Expand 	<ul style="list-style-type: none"> Transferable Protocols Contact Hours/% of Income Personal Care - 201 	<ul style="list-style-type: none"> Free Up A DAY Investment Strategies Seeding Practices
700	40,600	\$490k	<ul style="list-style-type: none"> Communication 201 Cultivating Chiropractors Team Centered Mission 	<ul style="list-style-type: none"> Debt Reduction Operational Cascade OPM -Deliver 	<ul style="list-style-type: none"> Time & Motion Meetings that Matter Tech CA 	<ul style="list-style-type: none"> Statistics Wealth Building Business Model 201
500	29,000	\$350k	<ul style="list-style-type: none"> Physical Marketing Culture Client Centered Mission 	<ul style="list-style-type: none"> 3rd Phase - Optimisation Care in8model - Business OPM - Nurture 	<ul style="list-style-type: none"> Educational Plan Internal Referrals Personal Care 101 	<ul style="list-style-type: none"> Default Diary Holidays Congruence
300	17,400	\$210k	<ul style="list-style-type: none"> Annual Marketing Plan The Journey - QPFLTC Automated Lead Generation 	<ul style="list-style-type: none"> 2nd Phase - Regenerative Care Storyboards OPM - Attract 	<ul style="list-style-type: none"> Clinical Clarity State Control Communication - 101 	<ul style="list-style-type: none"> The Super CA Management Business Model 101
200	11,600	\$140k	<ul style="list-style-type: none"> Purpose, Outcomes Bay 5 - Mission Bay 1 - Beliefs 	<ul style="list-style-type: none"> 1st Phase - Stabilisation Care Bay 6 - Strategy Bay 2 - Organisation 	<ul style="list-style-type: none"> Visits 1&2 Bay 7 - Design Bay 3 - Engagement 	<ul style="list-style-type: none"> Money Bay 8 - Leverage Bay 4 - Empowerment

* Based on per visit of 58

5. NAVIGATION: WHERE TO IN THE NEXT 8 WEEKS

Play with Ease

The 8-Week Project Filter

Problem What problem are we solving?
Impact What difference will it make?
Outcome What does "done" look like?

WHAT ARE THE (1-6) BIG CHUNKS OF WORK TO DO?

WHAT ARE THE (1-3) NEXT ACTIONS TO GET STARTED?

1

2

3

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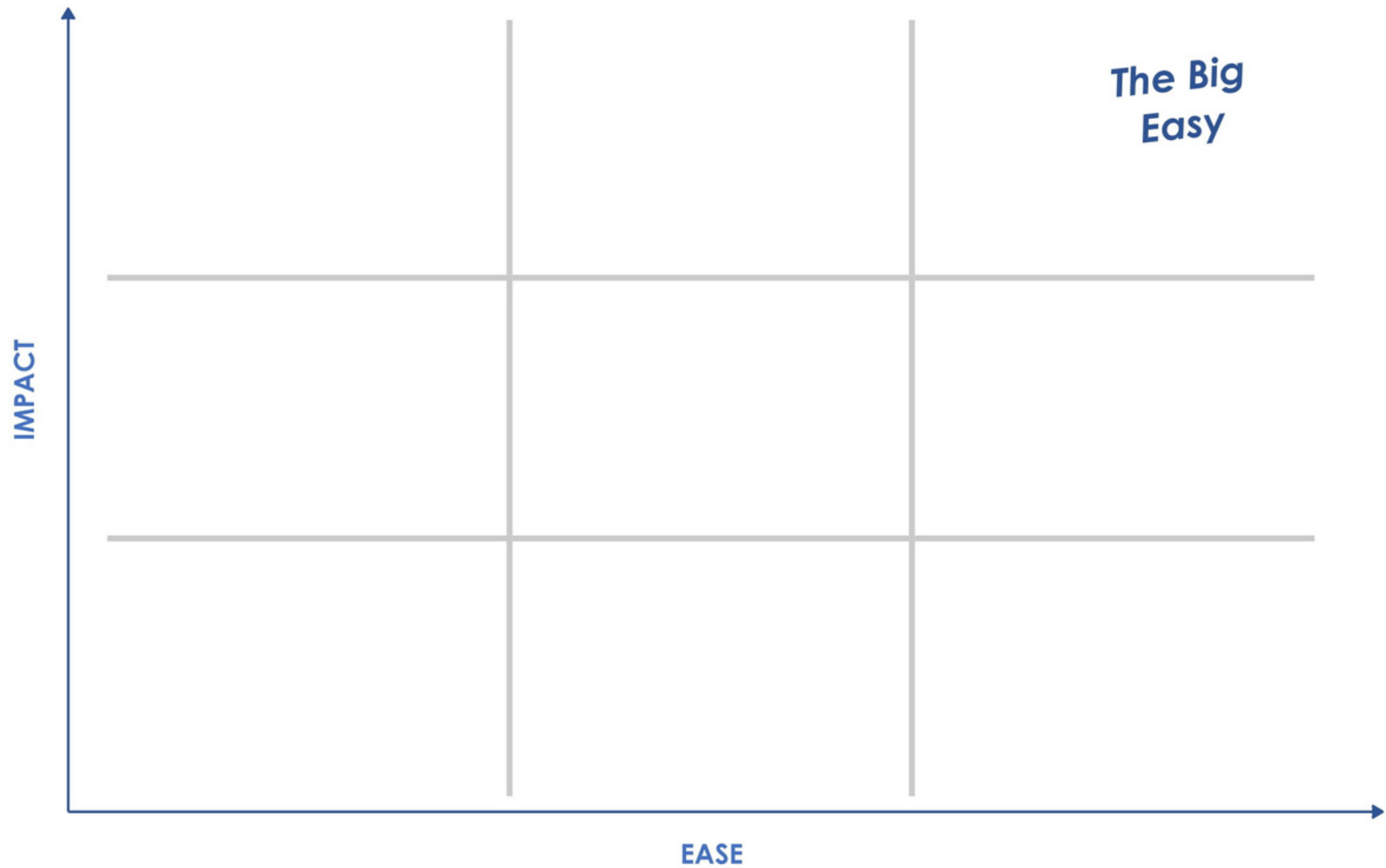
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6. The Impact Planner



The Ocean

6. Compass:

The Ocean

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Get in Touch

FOR QUESTIONS AND FEEDBACK

THE FACEBOOK GROUP

<https://www.facebook.com/groups/theocean.quest>

THE DAILY CALLS

<https://www.facebook.com/groups/theocean.quest/events>

THE 20'S

<https://questcoaching.as.me/the20>

MAYDAY CALLS

<https://questcoaching.as.me/maydaycall>

NAVIGATION INTENSIVES

Every 8 weeks



<https://questcoaching.as.me/claritycall>

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