

Stuck To Soaring

Breaking The Glass Ceilings
In Your Practice

Quest Pilots

MEET THE TEAM



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Pilot

You will need:

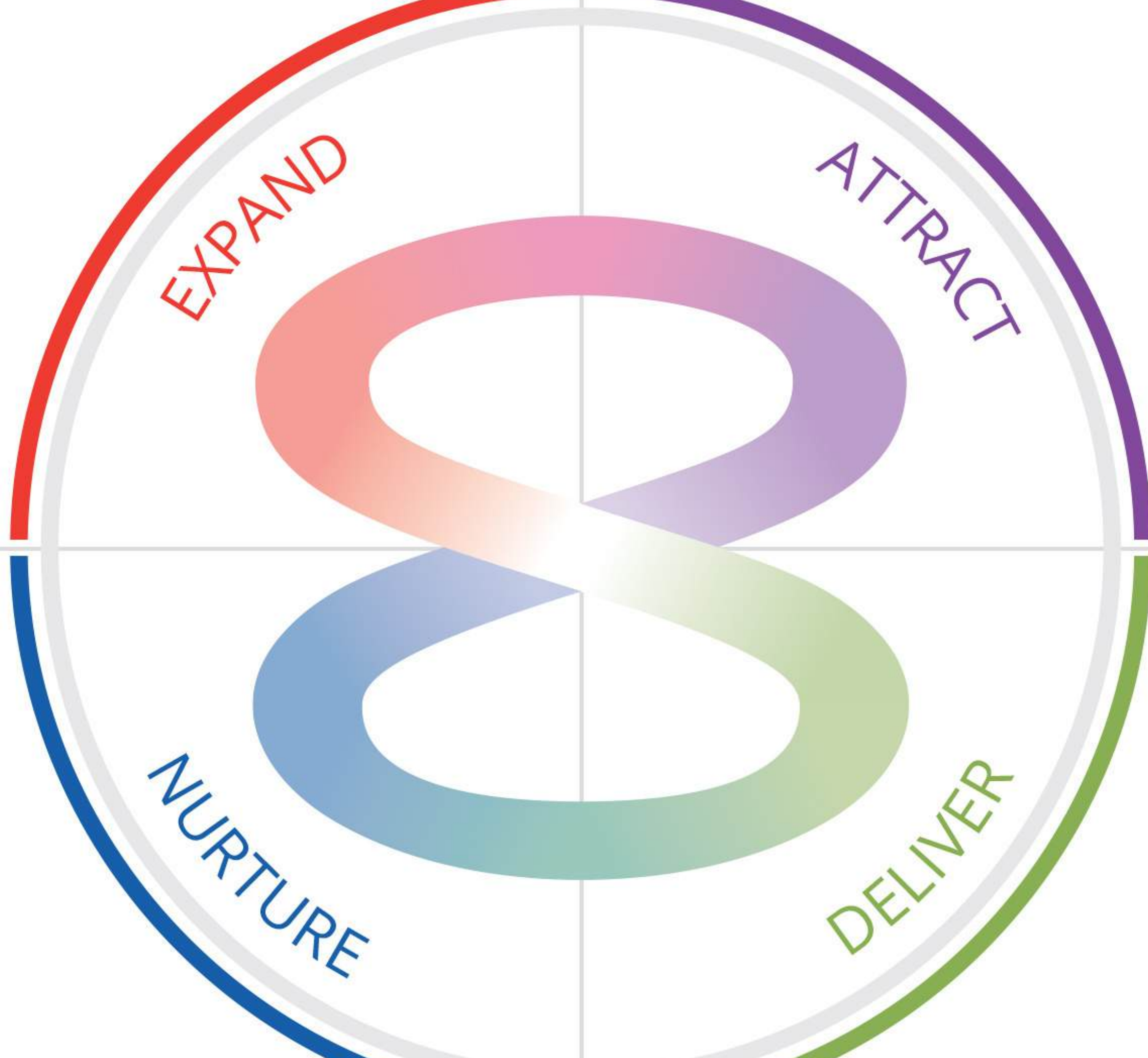
- Camera on (you'll be doing peer workshopping in small groups so it's important to see your face)
- To have every person in your team on a separate device for breakouts. They need to be logged into this call on zoom and muted while not in breakouts.
- Right click on the three lines on your video & change your name on Zoom to add your Quest status to the front of your name. eg. CT (Captains Table), O (Ocean), T (Team) or G (Guest)
- Play full on
- Move fast - a fast game is a good game
- Remember that all of us is smarter than any one of us

Currently what are your biggest glass ceilings?

Currently what are your smallest glass ceilings?

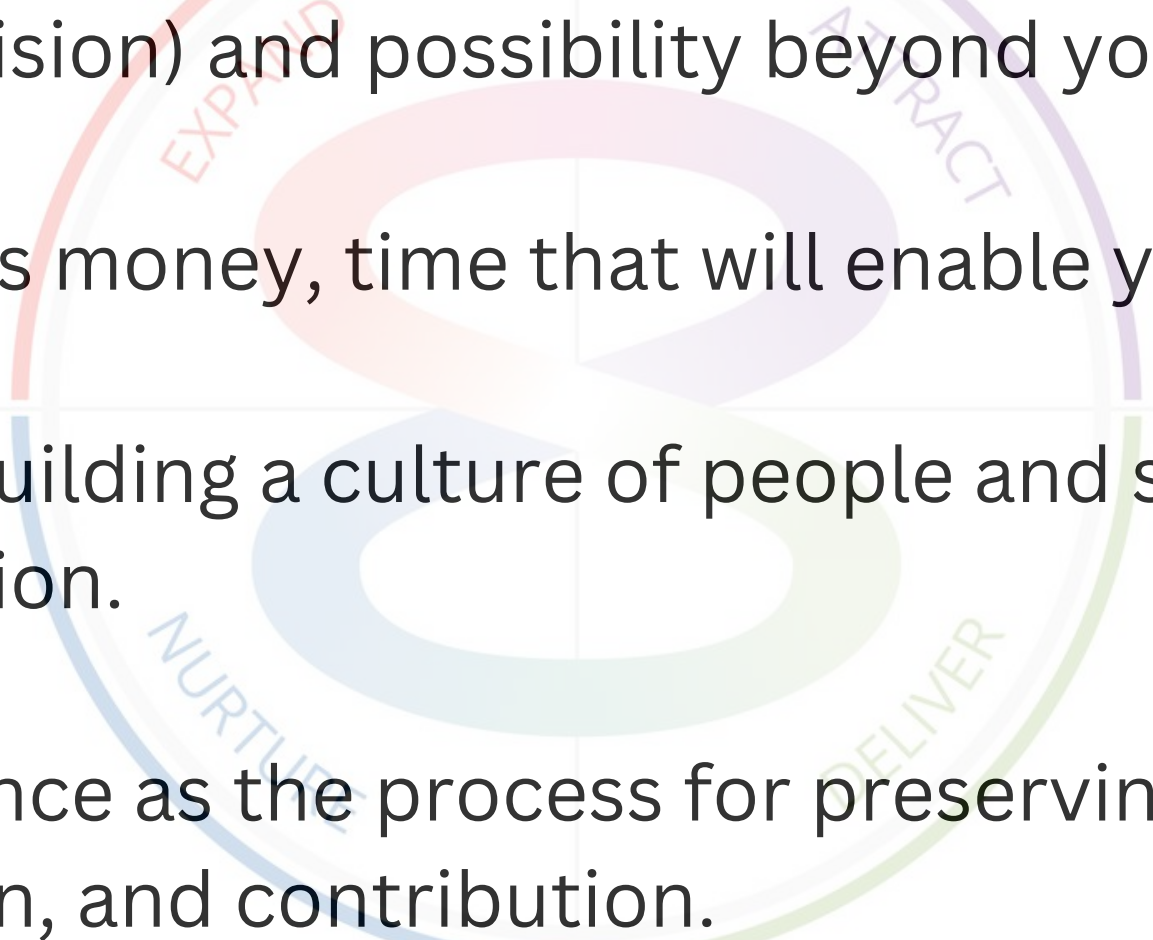
Eliminate the CEO Mythconception





| EXPAND | | | | ATTRACT | | | |
|------------|-------------|--------------|-------------|------------|---------------|------------|---------------|
| LEGACY | | LEVERAGE | | MISSION | | PURPOSE | |
| Legacy | Courage | Leverage | Generative | Mission | Culture | Purpose | Curiosity |
| Politics | Community | Reinvention | Influence | Patterns | Harmony | Voids | Values |
| GOVERNANCE | | EMPOWERMENT | | BELIEFS | | OUTCOMES | |
| Governance | Planning | Empowerment | Optimizing | Beliefs | Philosophy | Outcomes | Agreement |
| Resources | Outreach | Feedback | Clarity | Reason | Roles | Discovery | Investigation |
| | | | | | | | |
| NURTURE | | | | DELIVER | | | |
| STRATEGY | | ORGANISATION | | ENGAGEMENT | | DESIGN | |
| Strategy | Goals | Organisation | Calibration | Engagement | Intent | Design | Passion |
| Statistics | Completion | Structure | Framework | Rules | Sequencing | Congruence | Ethics |
| CONTROL | | OPERATIONS | | TACTICS | | EXCELLENCE | |
| Control | Information | Operations | Trust | Tactics | Style | Excellence | State |
| Certainty | Evidence | Objectives | Systems | Policy | Communication | Knowledge | Connection |

OVERVIEW OF THE 4 EXPANSION PILLARS:

- 
- ✓ Q1 - Expand your telos (vision) and possibility beyond your current practice limitations.
 - ✓ Q2 - Identify the resources money, time that will enable your next level of growth.
 - ✓ Q3 - Foster outreach by building a culture of people and systems that breed trust, engagement, and collaboration.
 - ✓ Q4 - Understand governance as the process for preserving and growing your impact while integrating leadership, action, and contribution.

QUADRANT 1

1 Planning – Expanding the Telos (Vision)

My points of reference:

- My Values & Vision
- Our Practice Cascade
- Our Avatar
- The Global Problem & Our Local Solution

ATTRACT

CHIROPRACTIC: THE BEAUTIFUL, THE GOOD, THE TRUE, THE POSSIBLE....



Five horizontal grey lines for writing, positioned on the right side of the page.

VISION: WHERE IS OUR PRACTICE GOING?

ATTRACT

INSTRUCTIONS FOR BREAK OUT

- 1) Nominate the “scribe”
- 2) The Scribe will make digital notes
- 3) Everyone should get the chance to speak
- 4) The Scribe will copy the notes from the Breakout room and paste them into the chat when returned to the main room

BREAKOUT EXERCISE

**If there were no limits, what could our practice become in 5 years?
(Future Planning, Possibility Forecasting - What Should We Do?)**

TEAM ACTIVITY

What Should We Do?

Which future aspiration/s (on the list or not) are the most compelling for our practice?

QUADRANT 2

2 Q2 - Resources

Money, Time, People & Systems

YOUR PRACTICE GLASS CEILING ISSUES:

List the resources that you have and dont have

Resources we have

Resources we don't have

TEAM ACTIVITY

Exercise: Teams - choose a board of directors of the most enlightened, intelligent, smartest, bravest, kindest people in the world (present or past) for your in8wisdom collective

BREAKOUT EXERCISE

Brainstorm and list the resources that you could use to break the glass ceiling and go to a new level.

TEAM ACTIVITY

Use the brainstorm list and your board to smash the glass ceilings?

Glass Ceiling Issue

What Resource/s Do You Need To Break?

BREAK

QUADRANT 3

DELIVER

3 Q3 - Outreach

**Creating Collective Reach & Engagement
People and Systems**



**Sustainable growth comes from
expanding collective influence —
not just marketing, but by
building trust, engagement,
camaraderie and collaboration.**

What actions could be taken to cause the Glass Ceiling to break and for your practice to pop up to a new level?

OUTREACH NOTES

WHO OWNS WHAT?

Which team members (not just the chiropractor) should be responsible for expanding outreach?

Who owns community engagement?

Who builds referral relationships?

Who ensures the PM experience is unforgettable?

(Share back key roles identified.)

BREAKOUT EXERCISE

Who should do it?

**Create our 12 month Outreach plan -
leverage our Q2 resources to make
probable our Q1 wishes and desires**

Use the brainstorm list and your in8wisdom Collective to smash the glass ceilings?

Glass Ceiling Issue

What Time & Who

Set up year for governance meetings

| | Objective | What / Who | When & Where | Next Step |
|----------|-----------|------------|--------------|-----------|
| January | | | | |
| | | | | |
| February | | | | |
| | | | | |
| March | | | | |
| | | | | |
| April | | | | |
| | | | | |
| May | | | | |
| | | | | |
| June | | | | |
| | | | | |

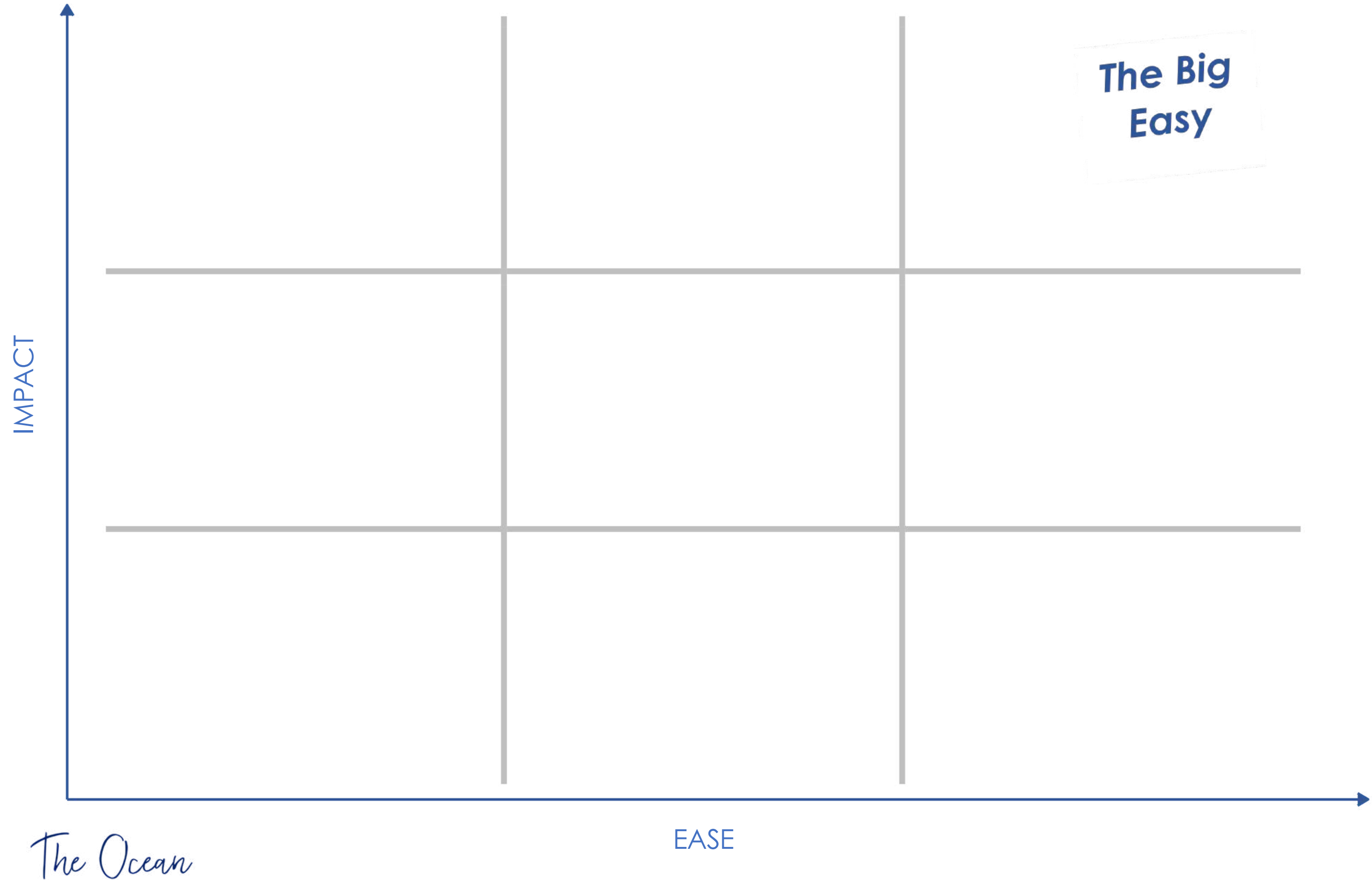
| | Objective | What / Who | When & Where | Next Step |
|-----------|-----------|------------|--------------|-----------|
| July | | | | |
| | | | | |
| August | | | | |
| | | | | |
| September | | | | |
| | | | | |
| October | | | | |
| | | | | |
| November | | | | |
| | | | | |
| December | | | | |
| | | | | |



SUPER CA

FROM QUEST CHIROPRACTIC COACHING

The Impact Planner

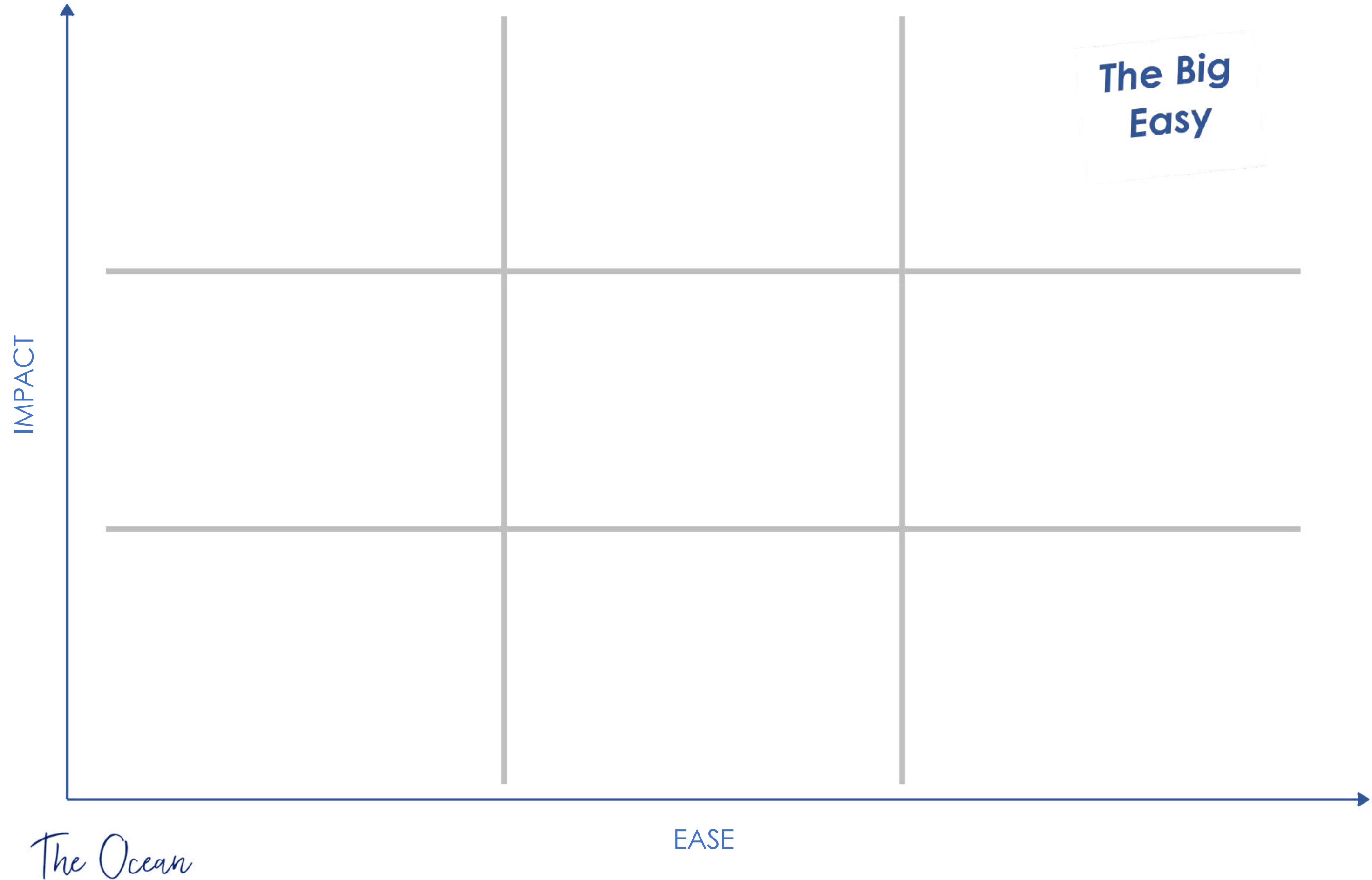


QUADRANT 4

4 Q4 Governance – What's Next?

EXPAND

The Impact Planner



8 Week Leg Compass Until:

Our Practice Vision

12 Months Goals

Measure of Success

What will you measure to know that you are successful?

Focussed Intention

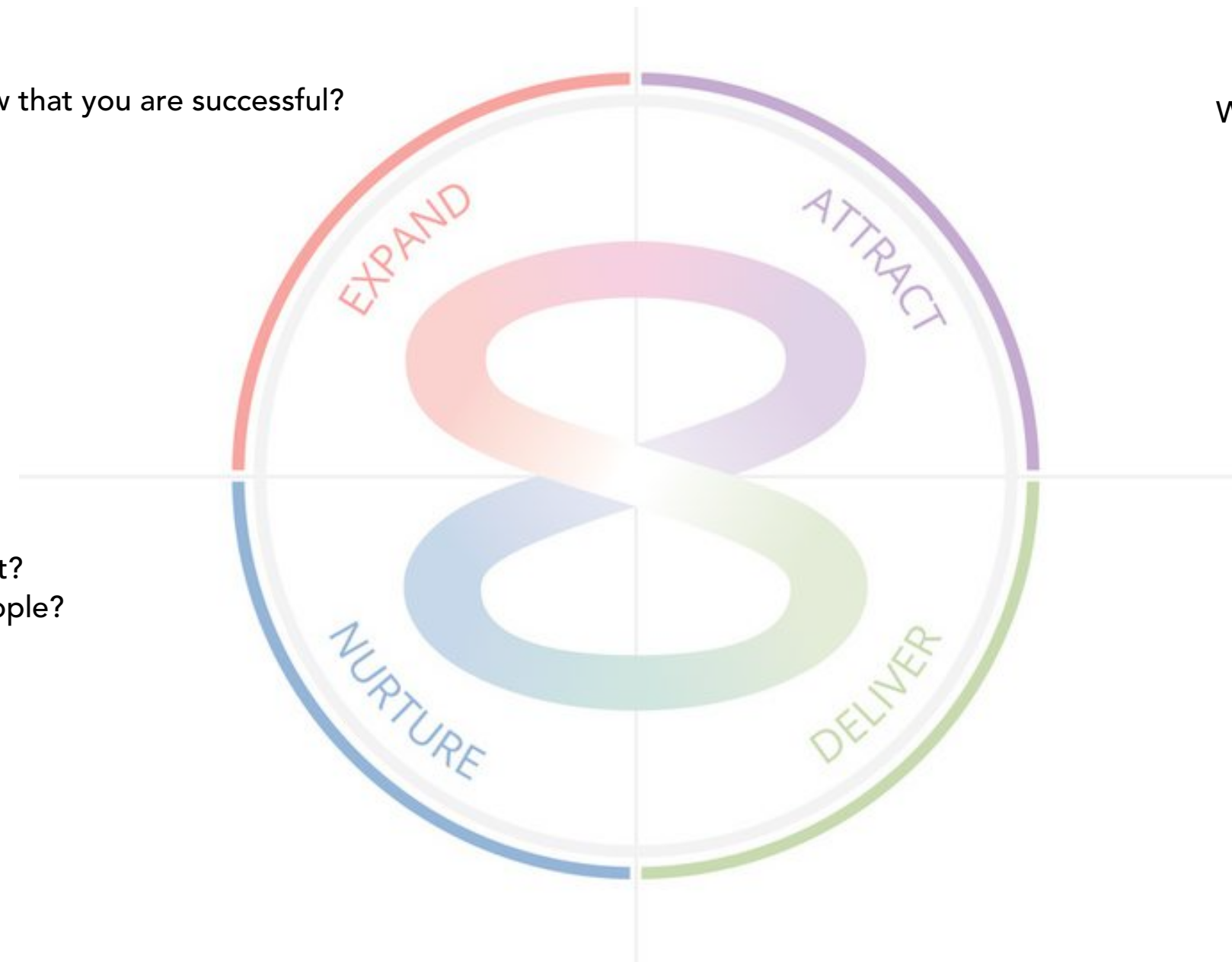
What's our focus for this 8 Week?

Impact & Effect

Why is what we do so important?
What effect does it have on people?

Behaviour

How will you show up?



Consequence

Reward

Please complete this and send it to us by [clicking here](#).

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