## A AMPRACING



JANUARY 2024

### Quest Coaches MEET THE TEAM



MARK POSTLES CEO & Pilot



GREG VENNING Pilot



KAREN KULEVSKI-GIBB Pilot



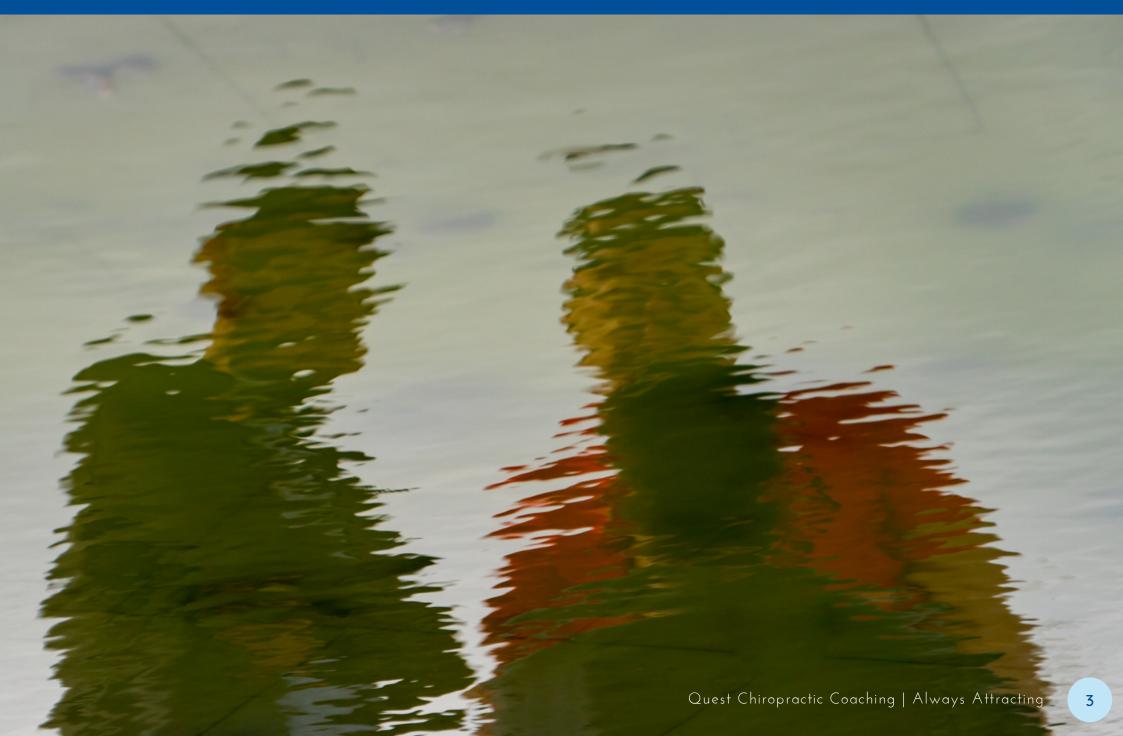
NIMROD MUELLER

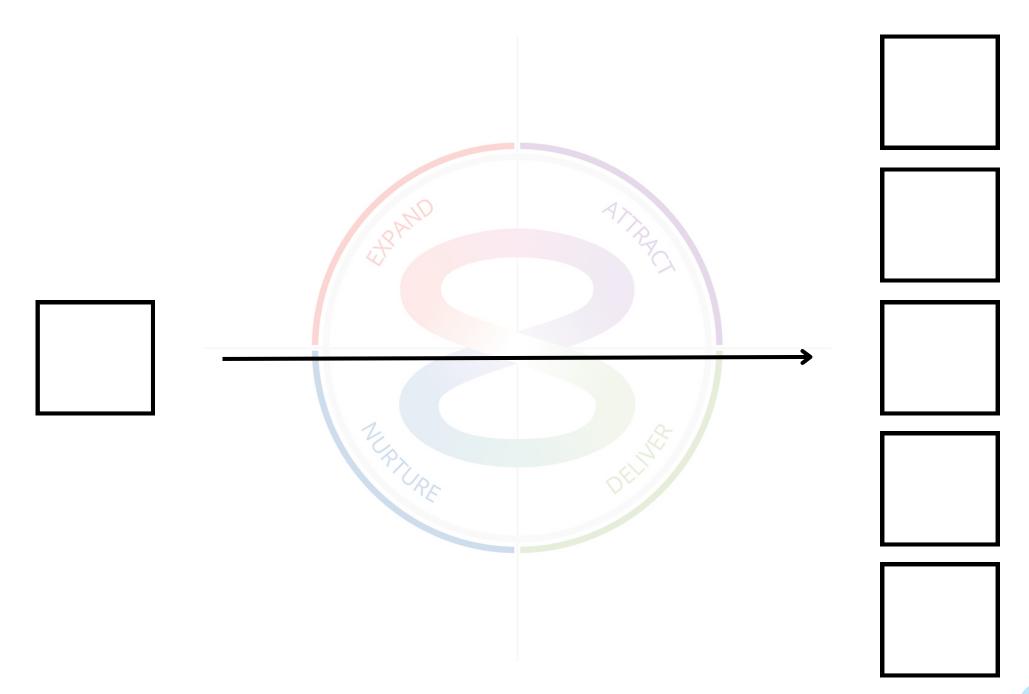
Pilot



EMMA STIRTON Pilot

### YOUR PRACTICE IS A REFLECTION OF YOU.





### WHERE ARE WE NOW, AND WHERE ARE WE HEADING?

1



### YOU DONT GET WHAT YOU WANT - YOU GET WHAT YOU ARE.





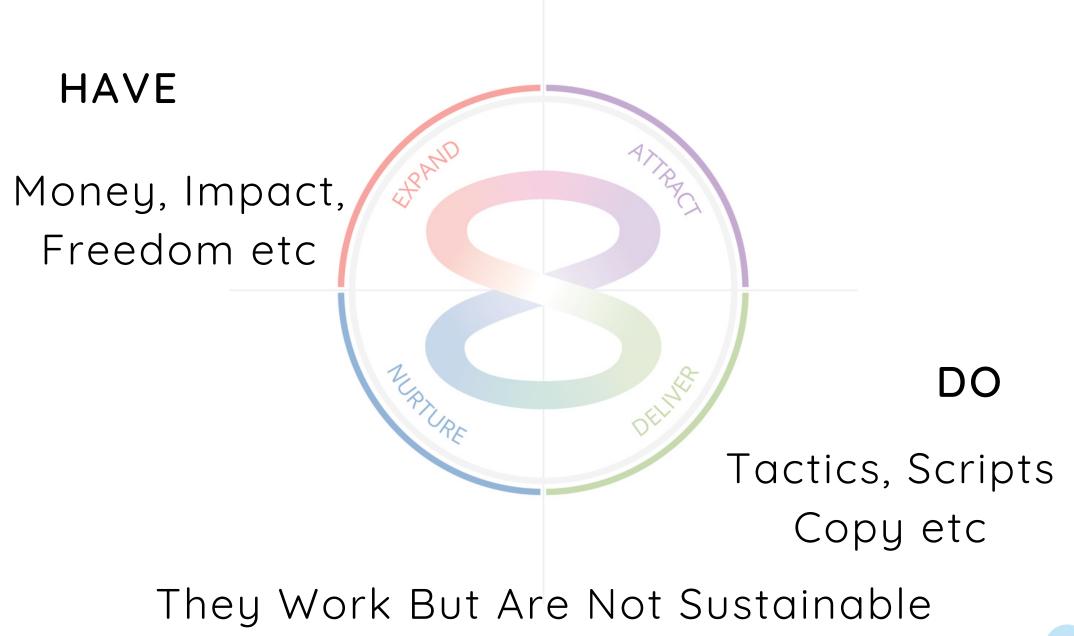
## DELMA Tactics, Scripts Procedures etc

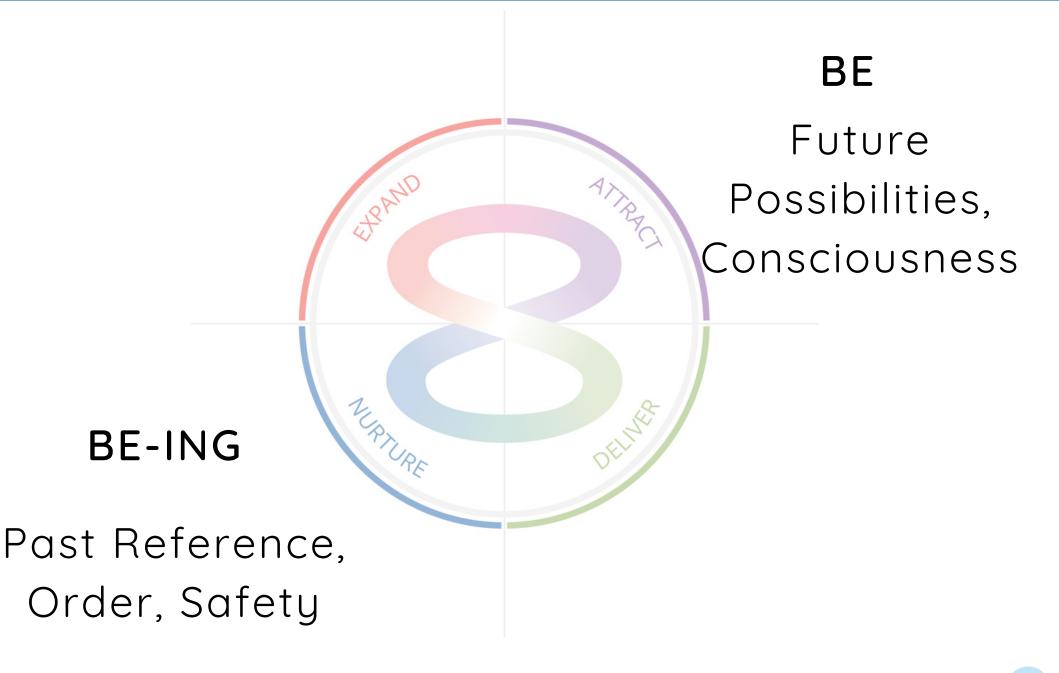
ALTRACT

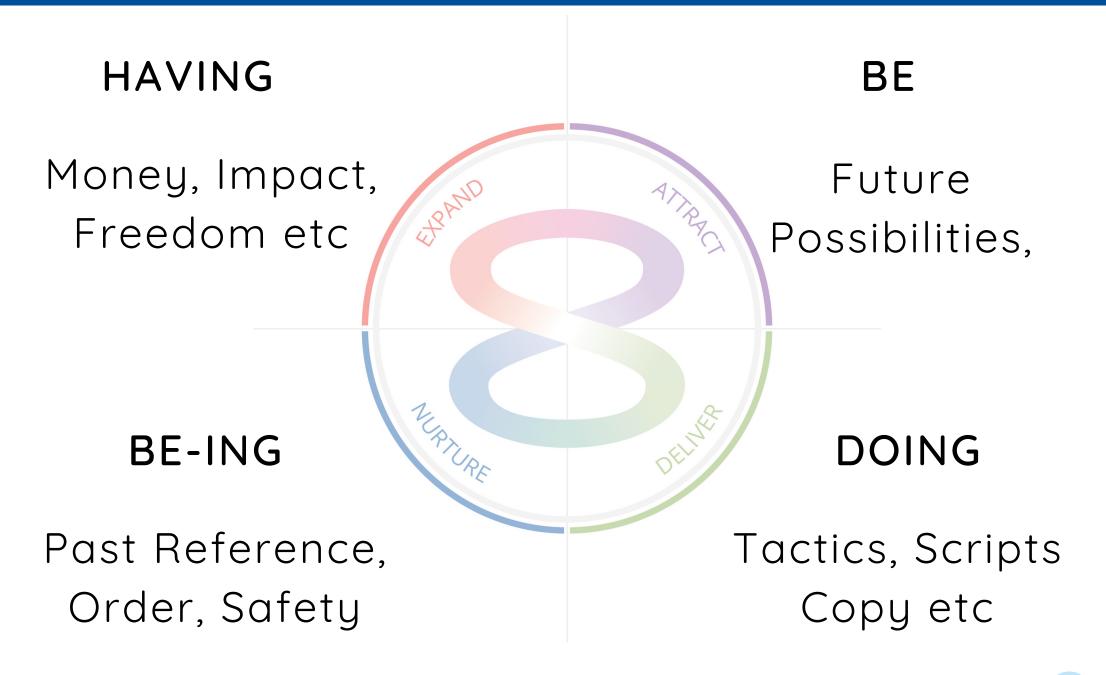
ETRAND

NURTURE

### HAVING & DOING









## Our/My Highest Values?

# What is the most significant outcome that We/I will achieve?

Q1 - MISSION

# Why do We/I want it? (as it applies to Our/My values).

#### Q1 - MISSION

# What heart-based emotions come up for you/team?

#### Q2 STRATEGY

## External vs Internal barriers?



## Where Well am now?

## How do We/I perceive the past?

Q2 STRATEGY

# What stops or blocks Us/Me from achieving it?

#### Q2 STRATEGY

# What's the secondary gain of Our/My current state?

### Q4 LEGACY

## Apply the in8model®to understand your incongruencies.



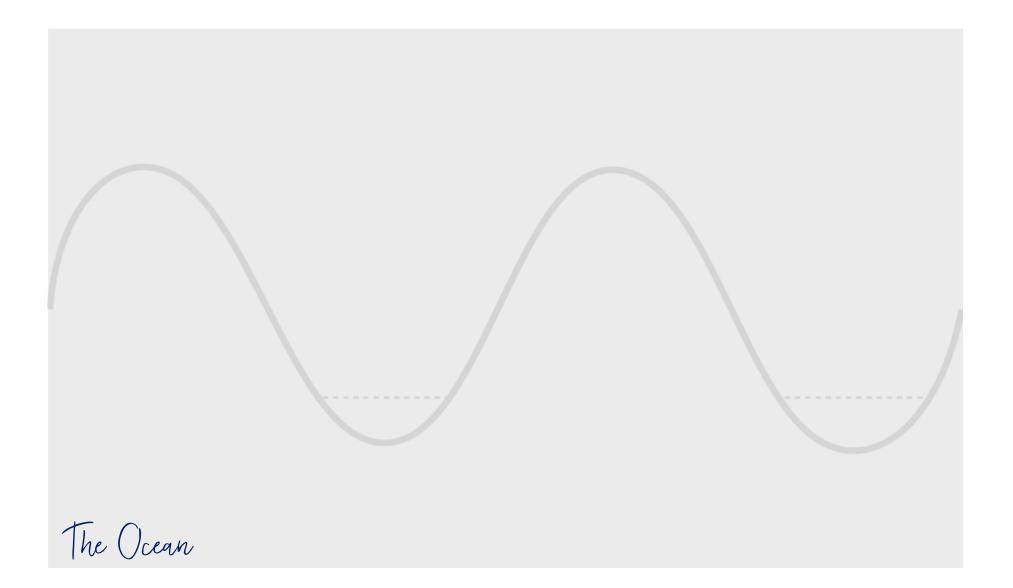
 

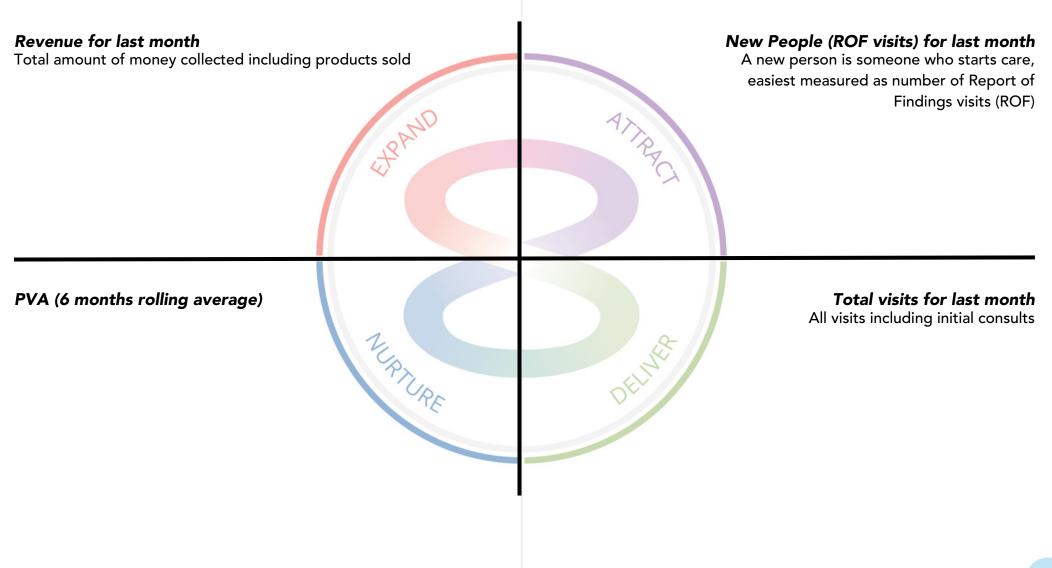
#### Our Practice Vision

Our Objectives for This Year Picture of Your Storyboard

Brain Dump Here -

Your previous 8 week leg compass







### THE VOYAGE CHART



PV /Month	Income /Month	Income /Year	ATTRACT	NURTURE	DELIVER	EXPAND
1500	87,000	\$1 mil+	<ul><li>Curiosity</li><li>The Next Iteration</li><li>Collaborative Partnerships</li></ul>	<ul><li> Operations Manager</li><li> Publish</li><li> Scientific Contribution</li></ul>	<ul> <li>Optimisation of Resources</li> <li>Clinical Contribution to Profession</li> <li>Wayshower Governance</li> </ul>	<ul><li>Political Influence</li><li>Growing Legacy</li><li>Equity Sell-Offs</li></ul>
1300	75,400	\$900k	<ul><li>Completion</li><li>Generative Sessions</li><li>Patterns</li></ul>	<ul> <li>Impact on Profession</li> <li>Playing the Long Game</li> <li>Board of Directors</li> </ul>	<ul> <li>Branded by Technique</li> <li>Chiropractic Finishing School</li> <li>Internal Mentoring</li> </ul>	<ul> <li>Multiple Income Streams</li> <li>Compensation</li> <li>Business Model 301</li> </ul>
1100	63,800	\$760k	Community     Congruence     Events Driven Practice	<ul> <li>Profitability</li> <li>Team Empowerment</li> <li>in8model - Associates</li> </ul>	<ul> <li>Team Ascension</li> <li>Executive Assistant</li> <li>Personal Care - 301</li> </ul>	Communication - 301     Financial Contribution     Recurring Income
900	52,200	\$625k	<ul> <li>Redesign</li> <li>PM Ascension</li> <li>Attracting Associates</li> </ul>	<ul> <li>Practice Layout</li> <li>Associate Driven Practice</li> <li>OPM - Expand</li> </ul>	<ul> <li>Transferable Protocols</li> <li>Contact Hours/% of Income</li> <li>Personal Care - 201</li> </ul>	<ul> <li>Free Up A DAy</li> <li>Investment Strategies</li> <li>Seeding Practices</li> </ul>
700	40,600	\$490k	<ul> <li>Communication 201</li> <li>Cultivating Chiropractors</li> <li>Team Centered Mission</li> </ul>	<ul> <li>Debt Reduction</li> <li>Operational Cascade</li> <li>OPM -Deliver</li> </ul>	<ul> <li>Time &amp; Motion</li> <li>Meetings that Matter</li> <li>Tech CA</li> </ul>	<ul><li>Statistics</li><li>Wealth Building</li><li>Business Model 201</li></ul>
500	29,000	\$350k	<ul> <li>Physical Marketing</li> <li>Culture</li> <li>Client Centered Mission</li> </ul>	<ul> <li>3rd Phase - Optimisation Care</li> <li>in8model - Business</li> <li>OPM - Nurture</li> </ul>	<ul><li>Educational Plan</li><li>Internal Referrals</li><li>Personal Care 101</li></ul>	<ul><li>Default Diary</li><li>Holidays</li><li>Congruence</li></ul>
300	17,400	\$210k	<ul> <li>Annual Marketing Plan</li> <li>The Journey - QPFLTC</li> <li>Automated Lead Generation</li> </ul>	<ul> <li>2nd Phase - Regenerative Care</li> <li>Storyboards</li> <li>OPM - Attract</li> </ul>	<ul> <li>Clinical Clarity</li> <li>State Control</li> <li>Communication - 101</li> </ul>	<ul> <li>The Super CA</li> <li>Management</li> <li>Business Model 101</li> </ul>
200	11,600	\$140k	<ul> <li>Purpose, Outcomes</li> <li>Bay 5 - Mission</li> <li>Bay 1 - Beliefs</li> </ul>	<ul> <li>1st Phase - Stabilisation Care</li> <li>Bay 6 - Strategy</li> <li>Bay 2 - Organisation</li> </ul>	<ul> <li>Visits 1&amp;2</li> <li>Bay 7 - Design</li> <li>Bay 3 - Engagement</li> </ul>	<ul> <li>Money</li> <li>Bay 8 - Leverage</li> <li>Bay 4 - Empowerment</li> </ul>

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#### 8 Week Leg Compass Until: March 2024

Fill in the Fillable PDF of the 8 Week Leg Compass

Please complete this and send it to us by <u>clicking here</u>.

## The Impact Planner

The Big Easy

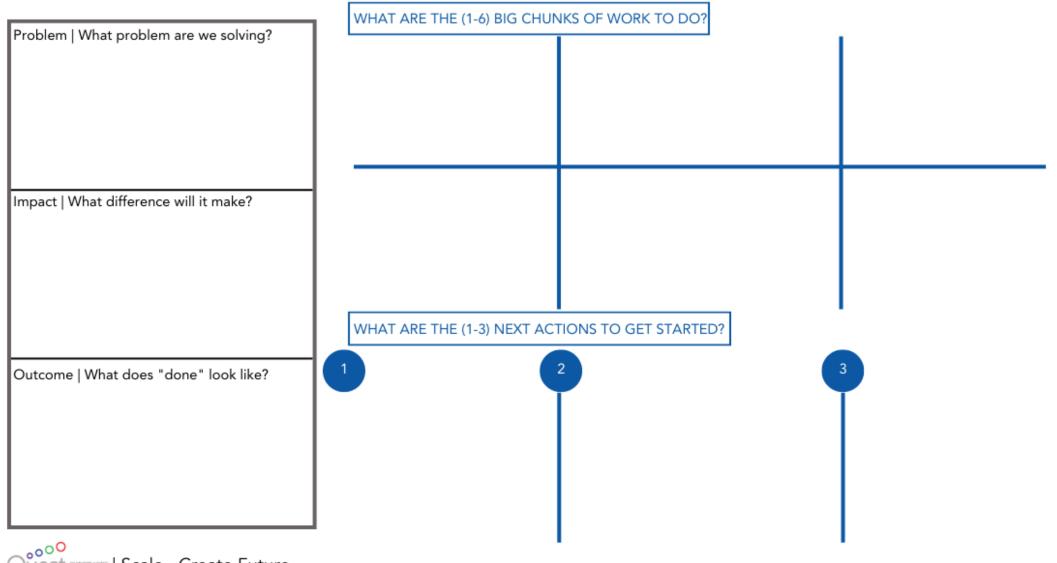
IMPACT

EASE

#### SESSION 2: BEHAVIOUR - REPRESENTED BY YOUR IMAGE OF LIGHTNESS AND EASE



## **2024 PROJECT FILTER**





## Get in Touch

FOR QUESTIONS AND FEEDBACK

THE FACEBOOK GROUP https://www.facebook.com/groups/theocean.quest

THE QUESTER CALLS https://www.facebook.com/groups/theocean.quest/events

THE 20'S https://questcoaching.as.me/the20

MAYDAY CALLS https://questcoaching.as.me/maydaycall

NAVIGATION INTENSIVES Every 8 weeks





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